

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>May 2019 Health Care Center Activity Calendar</p>	ALD-Assisted Living Dining ALL-Assisted Living Lobby HCD-Health Care Dining HCL-Health Center Lobby CH-Chapel Mail Delivery is Monday thru Saturday	CMR-Comm. Room ILD-Inde. Living Dining CC-Coffee Cafe RSVP-Reserved Spot CHL-Chapel Lobby	1 8:40 Exercise w/ Kris-HCD 10:30am Worship Service w/ Communion (CH) 12:30pm Word Power (HCD) 1:00pm MGMC Foot Clinic 2nd FL (RSVP-CMR) 4:00pm Rosary (CH) HAPPY MAY DAY!!	2 8:40am Exercise w/Kris (HCD) 12:00pm Devotion w/Tom (HCD) 1:15-2:15pm Gilbert High School Health Class (HCD)	3 8:40am Exercise w/Kris (HCD) 11:15am Resident Council (HCD) 3:00pm Kentucky Derby Food Fun!! (HCD)	4 3:00p Cards or Games (HCD) 5:00pm Kentucky Derby Race (HCL) 7:00pm Lawrence Welk Show (IPTV-HCL)	
	5 9:45am Catholic Gathering (CH) 2:30pm Music Entertainment w/ Heart of Iowa Senior Band (HCD)	6 8:40am Exercise w/Kris (HCD) 10:00am Fitness Fun w/ Wilson & Kris (HCD) 3:00pm Bingo (HCD)	7 8:40 Exercise w/ Kris-HCD 1:00pm Nail Painting 2:00pm Presentation w/ Paul & Paula on Windmills & Wind Chargers (CH) 3:00pm Wheelchair Walking Club 2-3 spots available (RSVP w/ Kris)	8 8:40 Exercise w/ Kris 10:30am Worship Service (CH) 12:30pm WordPower HCD 3:00 Happy/Social Hour (HCD) 4:00pm Rosary (CH)	9 8:40am Exercise w/Kris (HCD) 12:00pm Devotion w/Tom (HCD) 2:30 Music Entertainment w/ Planet Passengers (HCD)	10 8:30am Hearing Unlimited AL Nurse Station (2nd Floor) 8:40am Exercise w/Kris (HCD) 12:30 Things Mom may say & her Survival Kit!	11 3:00pm Cards or Games (HCD) 7:00pm Lawrence Welk Show (IPTV-HCL)
	12 9:45am Catholic Gathering (CH) 2:00pm Movie & Snack Happy Mother's Day!! Thanks for being You!	13 8:40am Exercise w/Kris (HCD) 12:45pm Outside time on the Patio 3:00pm Bingo (HCD) Celebrate National Skilled/Nursing Home Week	14 8:40am Exercise w/Kris (HCD) 1:00pm Scenic Bus Ride (RSVP w/ Kris) No Nail Painting 3:00pm Scenic Bus Ride (RSVP w/ Kris)	15 8:40am Exercise w/Kris (HCD) 10:30am Worship Service (CH) 3:00-3:30 Bingo (HCD) 4:00pm Rosary (CH)	16 8:40am Exercise w/Kris (HCD) 12:00pm Devotion w/Tom 12:00 National Barbecue Day!! Yummy!! 2:30pm Country Music w/ Neil Hewitt (HCD)	17 8:40am Exercise w/Kris (HCD) 2:00pm Ice Cream Social for Residents and Staff to Celebrate National Skilled/Nursing Home Week! (HCD)	18 3:00pm Cards or Games (HCD) 7:00pm Lawrence Welk Show (IPTV-HCL) Armed Forces Day Thanks for Your Service
	19 9:45am Catholic Gathering (CH) 2:00pm Movie & Snack National EMS Appreciation Week	20 8:40 Exercise w/ Kris 10:00am Fitness Fun w/ Wilson & Kris (HCD) 3:00pm Bingo (HCD) 6:30 Music Entertainment w/ Second Chair Brass (HCD)	21 8:40am Exercise w/Kris (HCD) 1:00pm Nail Painting 3:00pm Wheelchair Walking Club 2-3 Spots Available (RSVP w/ Kris)	22 8:40 Exercise w/ Kris 10:30am Worship Service (CH) 12:30pm Word Power (HCD) 3:00 Social/Happy Hour 4:00pm Rosary (CH)	23 8:40 Exercise w/ Kris 12:00pm Devotion w/Tom (HCD) 2:30 Music Entertainment w/ Phil Gould (HCD) 6:15pm Ames Chamber Artist Singers (ILD)	24 8:40am Exercise w/Kris (HCD) 12:30pm Word Scrambles "Think Spring!" (HCD)	25 3:00pm Cards or Games (HCD) 7:00pm Lawrence Welk Show (IPTV-HCL)
	26 9:45am Catholic Gathering (CH) 2:00pm Movie & Snack	27 8:40am Exercise w/Kris (HCD) 12:30 Word Power (HCD) NO BINGO 3:00pm Outside Time on the Patio! MEMORIAL DAY	28 8:40am Exercise w/Kris (HCD) 1:00pm Nail Painting 3:00pm Wheelchair Walking Club 2-3 spots Available (RSVP w/ Kris)	29 8:40am Exercise w/Kris (HCD) 10:30am Worship Service (CH) 12:30pm Word Power (HCD) 4:00pm Rosary (CH)	30 8:40am Exercise w/Kris (HCD) 12:00pm Devotion w/Tom (HCD) 3:00pm Spelling Contest On the Patio!! (HC)	31 8:40am Exercise w/Kris (HCD) 12:30pm Trivia & Finish the Phrase (HCD)	<p>Northridge Village</p>