

The Villager



OFFICIAL NEWSLETTER OF NORTHRIDGE VILLAGE | MAY 2019

Memorial Day



MAY 27TH, 2019 — We wish you a safe Memorial Day filled with pride, warmth and togetherness.

Did You Know?

- Memorial Day was originally called Decoration Day.
- In December 2000, Congress passed a law requiring Americans to pause at 3 p.m. local time on Memorial Day to remember and honor the fallen.
- Red poppies are known as a symbol of remembrance, and it's a tradition to wear them to honor those who died in war.

Knowledge With Northridge



Join us on **May 24, 2019 at 2 p.m.** for our Knowledge with Northridge event! A representative from Radiant Complexions Dermatology Clinic will talk about skin cancer prevention and awareness. This event will be located in the Northridge Village Commons Chapel.

Call (515) 232-1000 to RSVP by May 22nd

New Faces

Northridge Village Welcomes New Residents

John and Patti Nervig,
Northridge Village Commons

Jim Safty, Northridge Village
Commons

New Employees

Alison McFadden,
Housekeeping
Emma Johnson, CNA
Trevor Musser, CMA
Meryl Moeller, CMA

Birthdays

Irene Holthaus May 12
Mike Campbell May 15
Lucy Geisler May 16
Shirley Shaw May 18
June Hein May 21
Alice Jones May 21
Karen Lidman May 25
Martha Huinker May 28
Jean Stout May 28
Dot James May 29

Thank You Volunteers

Thank you to our NRV volunteers for folding newsletters and stuffing Easter eggs.



May 12, 2019

Walking Club

On Tuesday and Wednesday afternoons, the Northridge Village Walking Club lace up their sneakers and take a summer stroll through the community. Northridge Village has over a mile of walking paths including two different routes and a scenic sitting spot for residents to enjoy.



Larry Goergen



Pictured from right to left: Joe Baumgarten, Martha Baumgarten, Carolyn Rohlf, Jenn Wolff, Joan Tripp

Bike Month

May is National Bike Month! Established in 1956, National Bike Month is a chance to showcase the many benefits of bicycling — and encourage more folks to giving biking a try. Joe and Martha Baumgarten are two of the many Northridge Village residents who enjoy getting outside to ride their bikes. “It’s good exercise for your heart and legs,” Martha said. “We have both a tricycle and a bicycle. As one gets older or has other limitations, using a tricycle is a great alternative to a bicycle because it’s steady on its own, yet you still have to the pump the machine the same way you do a bicycle. We’re just grateful for the opportunity to get out, enjoy the fresh air, and see others outside of the community.”



Left: Joe Baumgarten Right: Martha Baumgarten

Easter Egg Hunt

Here’s a glimpse from our 1st Annual Easter Egg Hunt. To see more pictures, visit our Facebook page.

