

New Year, New You!

Did you know we offer in-house therapy?

Physical, occupational, and speech therapy can help you keep your strength and independence to keep enjoying life to the fullest. We tailor our approach to help you meet your goals!

All we need is a therapy order from your physician to get started.

Our therapy team is here Monday – Friday. Questions about our services are best answered by our team at 515-337-1899

Quilt Show

What: Quilt Show
Where: 3301 George W. Carver Ave., Ames, IA 50010 Community Room
When: January 27, 2022
Time: 1:30 to 3:00pm
If you have made a quilt or have one you would like to share with others, please contact Deb Ammerman at (515) 450-5775 by January 13, 2022.

Senior Spotlight



Joyce Huisman

Joyce Huisman was born in Iowa Falls, IA, on November 18, 1929. She attended Eldora high school during her adolescence. She eventually moved to Ames, IA, where she worked at Iowa State University in the printing department. She married her late husband, Charles Huisman, at the Little Brown Church on July 9, 1949. Quickly started raising children and becoming a homemaker after being wed. Joyce has four children Tom, Ted, Laura, and Linda, five grandchildren, and one great-grandchild. She enjoys crafts, crocheting, knitting, gardening, and attending ball games with friends.

Her favorite activities at Northridge Village are BINGO and shopping trips. When asked what she is most proud of, she replied, "I am most proud of my husband and children."

The Villager



OFFICIAL NEWSLETTER OF NORTHRIDGE VILLAGE

January 2022

New Faces

New Residents

- Arla Carmean

New Employees

- Kerri Anderson, Restorative Aide
- Vanessa Burke, Dietary Aide
- Kyle Krebs, Transportation
- Emily Severson, CNA

Employee Anniversaries

- Kylie Franzen, 1 year
- Erin Gibson, 1 year
- Janet Mason Schuck, 1 year
- McKenzie Colbert, 3 years
- Caroline Morrison, 6 years

Birthdays

- Donna Hogle, Jan. 2
- Barbara Mudd, Jan. 2
- Rosie Hein, Jan. 3
- Karen Smith, Jan. 5
- Mickie Bergeson, Jan. 6
- Charles Lammers, Jan. 8
- Art Pohm, Jan. 11
- Kathryn Martinson, Jan. 13
- Bill Stewart, Jan. 28
- Carol Meyer, Jan. 30

Melanie Haman Joins NRV as Human Resource Director



Melanie Haman

Hello, I am Melanie Haman. I have the pleasure of being the new Human Resources Director at Northridge Village. I grew up in Ogden with my 3 siblings and parents and maintained a hectic and active life while growing up. In my senior year of high school, I took classes to get my CNA and took my first nursing job at the Madrid Nursing Home. After high school, I went to Mercy College of Health Sciences and obtained my Nursing Degree. Although I love nursing, my passion took a slight turn.

I currently live in Stratford with my husband and our 2-year-old daughter. We enjoy spending time outside, getting together with our families, and watching our daughter grow and learn. I am so excited to be a part of the NRV family. Please feel free to visit me or say hello in the hallways when I am out and about!



Saturday, January 1, 2022

Northridge Village wishes you a happy, healthy New Year!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>NRV Commons</h1> <h2>January 2022 Calendar</h2>			CMR- Community Room CC- Coffee Café CH- Chapel	ILD- Independent Living Dining RSVP- Reserve Spot AR-Activity Room	31st of December 12:00 Happy Noon Year! In Dining Room	1 
2	3 9:00 Exercise (CH) 1:00 Tabletop Games(CC) 2:30 Men's Club (AR) 2:30 Spill the Tea (CC) 3:00 Nail Painting (CMR)	4 9:00 Exercise (CH) 1:00 Tabletop Games(CC) 2:30 Tenant Meeting (ILD) No Travel Tuesday today	5 9:00 Exercise (CH) 1-3:30 Foot Care Public Health Sign up at front desk(CMR 2nd floor in MAIN building) \$26.00 due at time of service 1:00 Upbeat chair dancing (CH) 2:30 Wii Bowling (CH)	6 Happy Birthday Mickie Bergeson! 9:00 Exercise (CH) 10:30 Chapel (CH) 1:00Color me Calm (CMR) 2:30 Bingo (ILD)	7 9:00 Exercise (CH) 1:00 Friday Flix!	8
9 Please bring library books to front desk by 10am on Monday 1/10	10 9:00 Exercise (CH) 1:00 Tabletop Games(CC) 2:30 Men's Club (AR) 2:30 Spill the Tea (CC)	11 9:00 Exercise (CH) 9:30 Aldi bus Trip -RSVP 1:00 Tabletop Game(CC) 2:00 Farkle (AR) 3:00 Travel Tuesday (CH)	12 9:00 Exercise (CH) 1:00 Ballet Barre (CH) 2:30 Wii Bowling (CH)	13 Happy Birthday Kathryn Martinson 9:00 Exercise (CH) 10:30 Chapel (CH) 1:00Color me Calm (CMR) 2:30 Bingo (ILD)	14 <i>8-10 Hearing Unlimited in Main building</i> 9:00 Exercise (CH) 3:00 Ice Cream Social	15
16	17 Martin Luther King Day 9:00 Exercise (CH) 1:00 Tabletop Games(CC) 2:30 Men's Club (AR) 2:30 Spill the Tea (CC) 3:00 Nail Painting (CMR)	18  9:00 Exercise (CH) 1:00 Tabletop Game(CC) 2:00 Farkle (AR) 3:00 Travel Tuesday (CH)	19 9:00 Exercise (CH) 1:00 Chair Dancing to 50's songs (CH) 2:30 Wii Bowling (CH)	20 9:00 Exercise (CH) 10:30 Hymn Sing CH) 1:00Color me Calm (CMR) 2:30 Bingo (ILD)	21 9:00 Exercise (CH) 2:30 Snowball fun	22
23/30	24/31 9:00 Exercise (CH) 1:00 Tabletop Games(CC) 2:30 Men's Club (AR) 2:30 Spill the Tea (CC)	25 9:00 Exercise (CH) 9:30 Wal-mart bus trip -RSVP 1:00 Tabletop Game(CC) 2:00 Farkle (AR) 3:00 Travel Tuesday (CH)	26 9:00 Exercise (CH) 1:00 seated tap dancing (CH) 2:30 Wii Bowling (CH)	27 9:00 Exercise (CH) 10:30 Hymn Sing (CH) 1:00Color me Calm (CMR) 2:30 Bingo (ILD)	28 9:00 Exercise (CH) 3:00 Happy Hour	29