


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALD –Assisted Living Dining CMR-Comm. Room ALL--Assisted Living Lobby 2nd CH-Chapel ILD-Independent Living Dining CHL-Chapel Lobby IL– Independent Living Library CC-Coffee Cafe Mail Delivery is Monday Thru Saturday	<h1>AL/IL NRV July 2022 Activity Calendar</h1>			1 9:30 IL Exercise CH 10:30 Yahtzee 2:00 4th of July Party! (ILD) Dominoes ILD (Following)	2 Happy Birthday <b>Luella Floden!</b> Please check <b>CH #995</b> For updated Calendar Information	
<b>3</b> 9:45am Catholic Gathering (CH) 2:00 Dominoes ILD 2:00 Movie CH <b>**All outings are RSVP,            Sign up in Mailroom**</b>	<b>4 Happy July 4th!!</b>  1:00 Bridge CHL 1:00 Sticks Card Game ALL 2:00 Knit/Crochet Club –IL	5 10:00 Exercise ALD 10am Mahjohn IL <b>11:00 AL Tenant Mtg. ALD</b> <b>1:30 IL Tenant Mtg. ILD</b> 2:30 p.m. Patriotic Sing-A- Long w/Paul & Paula–CH	<b>6</b> 9:30 Exercise CH 10:30 Bible Study CHL <b>1-3:30 Public Health Foot            Care CMR-Sign up in Mailroom            \$26.00 due at time of service</b> 2:00 Chapel	<b>7</b> 10:00 Exercise ALD 11:00 Noodle Ball CH <b>Gone Fishing Noon Meal Theme</b> 2:00 Bingo ILD 8 pm Ames Bandshell Park on AM 1430	<b>8</b> 9:30 Exercise CH 8am-10am Hearing Unlimited in Rose's office 2nd floor 10:30 Nail Grooming CMR 2:00 Happy Hour ILD 2:30 Dominoes ILD	<b>9</b> 9:00 Chat Time CC 10:30 Jigsaw Puzzle 2:00 Movie TBA Please check <b>CH #995</b> For updated Calendar Information
<b>10</b> 9:45am Catholic Gathering (CH) 2:00 Dominoes ILD <b>**Friendly Reminder, The Ames            Library will be here. **</b>	<b>11</b> 9:30 Exercise CH <b>10:00 Alpacas Visit (out front)</b> <b>10:00 Library Book Pick Up</b> 1:00 Bridge CHL & Sticks Card Game ALL 2:00 Knit/Crochet Club IL 2:00 Pearl Vision CMR	<b>12</b> 9:00 Catholic Gathering CH <b>9:30 Shopping Trip (RVSP)</b> 10am Mahjohn IL 2:00 Pastor Tom ALD <b>2:30 Knowledge at NRV (CH)</b> <b>(RSVP W/ Marketing Dep.)</b> <b>HB-Day Kirby Lindman!</b>	<b>13</b> 9:30 Exercise ADL 10:30 Nail Care CMR 2:00 Chapel <b>Happy Birthday            Donna Wilson!</b>	<b>14</b> 10:00 Exercise ALD 11:00 Noodle Ball CH 2:00 Bingo ALD 7 pm Ames Bandshell Trip (RVSP) <b>Happy Birthday Martha Geist!</b>	<b>15</b> 9:30 Exercise CH 1:30 Popcorn & Movie CH John Wayne in "True Grit" 2:30 Dominoes ILD	<b>16</b> 9:00 Chat Time CC 10:30 Noodle Ball CH 2:00 Cards ALL <b>Please check CH #995</b> For updated
<b>17</b> 9:45am Catholic Gathering (CH) 2:00 Dominoes ILD 2:00 Movie CH	<b>18</b> 9:30 Exercise CH <b>10:30 Make &amp; Bake Cookies            (CRM)</b> 1:00 Bridge & Sticks CHL Card Game ALL 2:00 Knit/Crochet Club IL <b>Happy Birthday Wanda But-            ton!</b>	<b>19</b> 10:00 Exercise ALD 10am Mahjohn IL 10:30 Trivia ALD <b>2:00 Travel Tuesday to            Happy B-day Paul Mumm!</b>	<b>20</b> 9:30 Exercise CH 10:30 Nail Care CMR 2:00 Chapel CH 3:00 Music w/Bill Lawyer CH	<b>21</b> 10:00 Exercise ALD 11:00 Noodle Ball CH 2:00 Bingo ILD 8 pm Ames Bandshell—Music will be on AM 1430. <b>Happy B-Day Deloris Ries!</b>	<b>22</b> 9:30 Exercise CH 10:30 Discussion Group 2:00 Banana Splits ALD 3:00 Banana Splits ILD Dominoes ILD (following) <b>Happy Birthday            Betty Upstill !</b>	<b>23</b> 9:00 Chat Time CC 10:30 Chat Time CC 2:00 Movie TBA <b>Please check CH #995</b> For updated Calendar Information
<b>24/31</b> 9:45am Catholic Gathering (CH) 2:00 Dominoes ILD <b>Happy Birthday Vivian            Carter on the 24th!</b>	<b>25</b> 9:30 Exercise CH <b>10:30 Word Scramble CC</b> 1:00 Bridge CHL & Sticks Card Game ALL 2:00 Knit/Crochet Club IL 2:00 Yahtzee CMR	<b>26</b> 9:30 Shopping Walmart <b>(RSVP)</b> 10am Mahjohn IL <b>12:00 Lunch &amp; Learn (CH) (RSVP            W/ Marketing Dep.)</b> <b>3:00 Pie Social IL</b> <b>Happy B-day Clara Sudbeck!</b>	<b>27</b> 9:30 Exercise CH 10:00 Music w/ Dave Gray CH 2:00 Chapel CH 3:30 Front Area Time	<b>28</b> 10:00 Exercise ALD 11:00 Noodle Ball CH 2:00 Bingo ALD 3:00 Book Club ILD 7:00 Ames Bandshell Park Trip (RSVP)	<b>29</b> 9:30 Exercise CH 10:30 Nail Painting CMR 2:00 Monthly B-Day Party (ILD) Dominoes ILD (Following party)	<b>30</b> 9:00 Chat Time CC 10:30 Noodle Ball CH 2:00 Cards ALL <b>Please check CH #995</b> For updated Calendar Information