


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ILD-Independent Living Dining PHCD-Private HC Dining CC-Coffee Cafe  Mail Delivery is Monday thru Saturday	CMR-Comm. Room HCD-Health Care Dining CH-Chapel	<h1>NRV HC July 2022 Activity Calendar</h1>			1 9:30am Exercise-East 11:15 Resident Council (HCD) 2:30pm July 4th Celebration (HCD)	2 Please check CH #995 For updated Calendar Information
3  9:45am Catholic Gathering (CH)		5 9:30am Exercise-East hall 10:30am Pet Therapy w/ Michelle & Cole (East Hall) 1:00pm Word Power (HCD) 2:30 Patriotic Sing-a-long-CH 5:00pm Casey's Pizza-Yum!	6 9:30am Exercise w/ Kris North Hall 3:00pm Social/Happy Hour (HCD)	7 AM Care Plans 12:00pm Theme Meal "Gone Fishing" 2:30 Music Entertainment w/ We're No Angels (HCD)	8 8:00am Hearing Unlimited (AL-2nd FL) 9:30am Exercise-East Hall 2:30pm Noodle Ball (HCD)	9 Please check CH #995 For updated Calendar Information
10  9:45am Catholic Gathering (CH)	11 9:30 Exercise-North <b>Ames Public Library Day</b> 10:30ish Alpacas are coming to our Courtyard! 3:00pm Bingo (HCD)	12 9:30am Exercise w/ Kris East Hall 10:30am Pet Therapy w/ Michelle & Cole (North Hall) 1:00pm Word Power (HCD)	13 9:30am Exercise w/ Kris North Hall 3:00pm Social/Happy Hour (HCD)	14 <b>AM Care Plans</b> 2:30pm Country Music w/ Hawk McIntyre (HCD)	15 9:30am Exercise w/ Kris East Hall 2:30pm Let's go Bowling! (HCD)	16 Please check CH #995 For updated Calendar Information <b>HAPPY BIRTHDAY THOMAS SCOTT!</b>
17  9:45am Catholic Gathering (CH) <b>HAPPY BIRTHDAY LAVERNE IVERSON!</b>	18 9:30am Exercise w/ Kris North Hall 3:00pm Bingo (HCD)	19 9:30am Exercise w/ Kris East Hall 10:30am Pet Therapy w/ Michelle & Cole (East Hall) 1:00pm Word Power (HCD)	20 9:30am Exercise w/ Kris North Hall 3:00pm Social/Happy Hour (HCD)	21 <b>AM Care Plans</b> 2:30pm Let's Go Bowling! (HCD)	22 9:30am Exercise w/ Kris East Hall 2:30pm Noodle Ball (HCD)	23 Please check CH #995 For updated Calendar Information
24/31 9:45 Catholic Gathering (CH)	25 9:30am Exercise w/ Kris North Hall 3:00pm Bingo (HCD)	26 9:30 Exercise-East Hall 10:30am Pet Therapy w/ Michelle & Cole (North Hall) 1:00pm Word Power (HCD)	27 9:30am Exercise w/ Kris East Hall 2:30 Music Entertainment w/ "Tom Hofer" (HCD)	28 <b>AM Care Plans</b> 3:00pm Social/Happy Hour (HCD)	29 9:30am Exercise w/ Kris East Hall 1:00pm Trivia & Finish the Phrase on the Patio!	30 10:30 am Activity w/ Kris (HCD)