

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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<p>ILD-Independent Living Dining CMR-Comm. Room AR- Activity Room CC-Coffee Cafe CH-Chapel Mail Delivery is Monday thru Saturday</p>		<p>1 9:00 Exercise (CH) 1:00 Tabletop Games (CC) / Farkle (AR) 3:00 Tenant Meeting (ILD) No Travel Tuesday</p>	<p>2 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH) 1-3:30 Foot Care Clinic 2:00 Nail Grooming (CMR): RSVP 2:30 Wii Bowling (CH)</p>	<p>3 9:00 Exercise (CH) 10:30 Chapel (CH) 2:30 BINGO (ILD)</p>	<p>4 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH) 5:00 Pizza Party \$2 RSVP (ILD)</p>	<p>5 Happy Birthday Bertlyn Johnston!</p>
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<p>6 Daylight Saving Time Ends</p> 	<p>7 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH) 1:00 Tabletop Games (CC) 2:30 Tea Time (CC) / Men's Club (AR) Happy Birthday JoAnne Moon!</p>	<p>8 9:00 Exercise (CH) 1:00 Tabletop Games (CC)/ Farkle (AR) 2:15 Travel Tuesday (CH) Happy Birthday Linda Baker!</p>	<p>9 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH) 2:00 Nail Grooming (CMR): RSVP 2:30 Wii Bowling (CH)</p>	<p>10 9:00 Exercise (CH) 10:30 Chapel (CH) 2:30 BINGO (ILD) Happy Birthday Betty Jenkins!</p>	<p>11 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH) 2:00 Veterans Day Program (ILD) Sundae's served after</p> 	
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<p>13 Ames Library books due by 10 am on November 14th.</p>	<p>14 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH) 10:00 Library Books Due 1:00 Tabletop Games (CC) 2:30 Tea Time (CC) / Men's Club (AR)</p>	<p>15 9:00 Exercise (CH) 1:00 Tabletop Games (CC)/ Farkle (AR) 2:15 Travel Tuesday (CH)</p>	<p>16 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH) 2:00 Nail Grooming (CMR): RSVP 2:30 Wii Bowling (CH) 3:30 Live Music: Music to remember with Marcy (ILD)</p>	<p>17 9:00 Exercise (CH) 10:30 Chapel (CH) 2:30 BINGO (ILD)</p>	<p>18 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH) 2:00 Pet Therapy (CH)</p>	
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	<p>21 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH) 1:00 Alzheimer's Support Group 1:00 Tabletop Games (CC) 2:30 Tea Time (CC) / Men's</p>	<p>22 9:00 Exercise (CH) 1:00 Tabletop Games (CC)/ Farkle (AR) 2:15 Travel Tuesday (CH)</p>	<p>23 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH) 2:00 Nail Grooming (CMR): RSVP 2:30 Wii Bowling (CH)</p>	<p>24   </p>	<p>25 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH)</p>	
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<p>27 Happy Birthday Vern Greimann!</p>	<p>28 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH) 1:00 Tabletop Games (CC) 2:30 Tea Time (CC) / Men's Club (AR)</p>	<p>29 9:00 Exercise (CH) 1:00 Tabletop Games (CC)/ Farkle (AR) 2:15 Travel Tuesday (CH)</p>	<p>30 9:00 Exercise (CH) 9:20 Level 2 Exercise (CH) 9:45 Yoga (CH) 2:00 Nail Grooming (CMR): RSVP 2:30 Wii Bowling (CH)</p>	<h2 style="margin:0;">Commons November 2022 Activity Calendar</h2> <p style="font-size: small; margin: 5px 0;">Northridge Village 3300 George Washington Carver Ave. Ames, IA 50010 (515)232-1000  <a href="http://www.northridgevillage.com">www.northridgevillage.com</a> Calendar Subject to Change</p>			
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