

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ILD-Independent Living Dining PHCD-Private HC Dining CC-Coffee Cafe  <b>Mail Delivery is Monday thru Saturday</b>	CMR-Comm. Room HCD-Health Care Dining CH-Chapel	<b>1</b> 9:30 Exercise-East 12:00 Resident Choice Meal-Casey's Pizza! 1:00pm Word Power (HCD)	<b>2</b> 9:30 am Exercise w/ Kris North Hall 3:00pm Social/Happy Hour (HCD)	<b>3</b> <b>AM Care Plans</b> 2:30pm Trivia & Finish The Phrase (HCD)	<b>4</b> 9:30am Exercise w/ Kris East Hall <b>11:15am Resident Council (HCD)</b> 2:30 Noodle Ball (HCD)	<b>5</b> Please check <b>CH #995</b> For updated NRV Info & calendar updates W.V. @ ISU Football Time/Channel TBA
<b>6</b> 10:15am Catholic Gathering (CH) <b>Daylight Saving Time Ends-Turn Clocks Back 1 Hour!</b>	<b>7</b> 9:30am Exercise w/ Kris North Hall 1:00-2:00 Nail Painting (PHCD) 2:30 Music Entertainment w/ "Lady Birds" (ILD)	<b>8</b> 9:30am Exercise w/ Kris East Hall 1:00 Word Power (HCD) <b>ELECTION DAY!</b>	<b>9</b> 9:30am Exercise w/ Kris North Hall 3:00pm Bingo (HCD)	<b>10</b> <b>AM Care Plans</b> <b>HAPPY BIRTHDAY LOIS KAYSER!</b> 3:00pm Social/Happy Hour (HCD)	<b>11</b> 8:00 Ames Hearing Unlimited 2nd-FL 9:30 Exercise-East Hall <b>3:00pm Veteran's Day Program (ILD)</b> <b>HAPPY VETERAN'S DAY</b>	<b>12</b> Please check <b>CH #995</b> for NRV Info & Calendar updates  ISU Football @ OSU Time/Channel TBA
<b>13</b> 10:15am Catholic Gathering (CH)	<b>14</b> 9:30am Exercise w/ Kris North Hall Ames Public Library Day 2:00 Pearle Vision (CMR) 3:00pm Bingo (HCD)	<b>15</b> 9:30 Exercise-East 10:30 Pet Therapy-East 1:00pm Word Power 2:00pm White House History Presentation-CH	<b>16</b> 9:30am Exercise w/ Kris North Hall 3:00pm Social/Happy Hour (HCD)	<b>17</b> <b>AM Care Plans</b> 2:30 Music Entertainment w/ Two Guys Named Dave (HCD)	<b>18</b> 9:30am Exercise w/ Kris East Hall 2:30pm Let's Go Bowling! (HCD)	<b>19</b> Please check <b>CH #995</b> for NRV Updates & calendar updates  T.T. @ ISU Football Time/Channel TBA
<b>20</b> 10:45am Catholic Gathering (CH)	<b>21</b> 9:30am Exercise w/ Kris North Hall 1:00pm Nail Painting (PHCD) 3:00pm Bingo (HCD)	<b>22</b> 9:30am Exercise w/ Kris East Hall 10:30 Pet Therapy-North 1:00pm Word Power (HCD)	<b>23</b> 9:30am Exercise w/ Kris North Hall 3:00pm Social/Happy Hour w/ Fun Snacks! (HCD)	<b>24</b> 12:00 Thanksgiving Meal <b>HAPPY THANKSGIVING FROM THE STAFF @ NORTHRIDGE VILLAGE!</b>	<b>25</b> 9:30am Exercise East Hall  Self Directed Activities Kris Gone :)	<b>26</b> Please check <b>CH #995</b> for NRV Info & Calendar updates  ISU Football @ TCU Time/Channel TBA
<b>27</b> 10:45am Catholic Gathering (CH)	<b>28</b> 9:30am Exercise w/ Kris North Hall 3:00pm Bingo (HCD)	<b>29</b> 9:30am Exercise w/ Kris East Hall 10:30 Pet Therapy-East 1:00 Word Power (HCD)	<b>30</b> 9:30 Exercise-North <b>HAPPY BIRTHDAY JUDY MALY!</b> 3:00 Social/Happy (HCD)	<b>Northridge Village November HC 2022 Activity Calendar</b>		