



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>ILD-Independent Living Dining ALD-Assisted Living Dining CC-Coffee Cafe ALL-Assisted Living Lobby</p> <p>CMR-Comm. Room CHL-Chapel Lobby CH-Chapel IL- Ind. Living Library</p> <p>11:15 IL Chit-Chat IL 12:15 AL Chit-Chat ALD</p> <p>Mail Delivery is Monday thru Saturday</p>	<p>1 10:00 Exercise ALD 9:30 Mahjong IL 10:30 Noodle Ball CH 11:15 IL Chit-Chat IL 12:15 AL Chit-Chat ALD</p>	<p>2 9:30 Exercise CH 10:30 Gospel Sing w/Lois 1:00 p.m. to 3:00 p.m. Public Health Foot Care CMR 2:00 Chapel Happy B-Day Jean Klute!</p>	<p>3 10:00 Exercise ALD 10:30 Noodle Ball CH Noon Cruise Theme Meal 1:30 Social Time at Maggie's 3:30 Happy Hour ILD</p>	<p>4 9:30 Exercise CH 10:00 Nail Grooming CHL 2:00 Dominoes ILD 3:00 Bingo ALD</p>	<p>5 9:00 Chat Time CC 10:30 Noodle Ball CH 2:30 West Virginia @ ISU Football (Homecoming) Please check CH #995 Happy B-Day Harriette Burrell!</p>	
<p>6 10:15 am Catholic CH 2:00 Dominoes ILD Daylight Savings Time Ends</p> 	<p>7 9:30 Exercise CH 10:30 Bible Study ALL 1:00 Bridge CHL & Sticks ALL 2:00 Knit/Crochet Club IL 2:30 Entertainment with "The Lady Birds" IDL Happy B-day Mary Kay J.!</p>	<p>8 10:00 Exercise ALD 9:30 Mahjohn IL 10:30 Noodle Ball CH 2:30 Happy Hour ADL 3:00 Pastor Tom ADL</p>	<p>9 9:30 Exercise CH 10:30 Trivia ALL 1:00 -3:30 Dr. Kim Foot Clinic in Rose's office for Group 2 2:00 Chapel Happy Birthday Ruth Ann Robson!</p>	<p>10 10:00 Exercise ALD 10:30 Noodle Ball CH 2:00 Field Trip to Ames Museum Happy Birthday Ramona Stewart!</p>	<p>11 9:30 Exercise CH 8-10 Hearing Unlimited in Rose's office on 2nd floor 10:00 Nail Grooming CHL 2:00 Dominoes ILD 3:00 Veteran's Day Program ILD</p>	<p>12 9:00 Chat Time CC 10:30 Noodle Ball CH TBA ISU @ Oklahoma State Football Please check CH #995</p>
<p>13 10:15 am Catholic CH 2:00 Dominoes ILD **Friendly Reminder, The Ames Library here tomorrow.**** Happy Birthday Lorraine Heggen!</p>	<p>14 9:30 Exercise CH 10:30 Bible Study ALL 1:00 Bridge CHL & Sticks ALL 2:00 Knit/Crochet Club IL Pearle Vision Center CMR 5:00 Fall Harvest Party</p>	<p>15 10:00 Exercise ALD 9:30 Mahjong IL 10:30 Noodle Ball CH 2:00 Building the White House w/ Paul and Paula Anderson 3:30 Happy Hour ILD</p>	<p>16 9:30 Exercise CH 10:30 Word Scramble ALL 2:00 Chapel 3:00 Bingo ILD</p>	<p>17 10:00 Exercise ALD 10:30 Noodle Ball CH 2:00 Shopping Walmart 3:00 Book Club IL</p>	<p>18 9:30 Exercise CH 10:00 Nail Grooming CHL 2:00 Dominoes ILD 3:00 Pumpkin Pie Social ILD Happy Birthday Joyce Huisman!</p>	<p>19 9:00 Chat Time CC 10:30 Noodle Ball CH TBA Texas Tech @ ISU Football Please check CH #995</p>
<p>21 10:15 am Catholic CH 2:00 Dominoes ILD Happy Sunday!</p>	<p>21 9:30 Exercise CH 10:30 Bible Study ALL 1:00 Bridge CHL & Sticks ALL 1:00 Alzheimer's Support Group CH 2:00 Knit/Crochet Club IL 2:00 Rose at Maggie's Place</p>	<p>22 10:00 Exercise ALD 9:30 Mahjong IL 10:30 Noodle Ball CH 2:00 Make & Bake Cookies CMR</p>	<p>23 9:30 Exercise CH 10:30 Group Crossword Puzzle ALL 2:00 Chapel Happy Birthday to Sherald Syndnes</p>	<p>24 </p>	<p>25 9:30 Exercise CH 10:00 Nail Grooming CHL 2:00 Dominoes ILD 3:00 Happy Hour ILD</p>	<p>26 9:00 Chat Time CC 10:30 Noodle Ball CH TBA TCU @ ISU Football Please check CH #995</p>
<p>27 10:15 am Catholic CH 2:00 Dominoes ILD Happy Birthday John Burns!</p>	<p>28 9:30 Exercise CH 10:30 Bible Study ALL 1:00 Bridge CHL & Sticks ALL 2:00 Knit/Crochet Club IL 2:00 Heartland Senior Band ILD</p>	<p>29 10:00 Exercise ALD 9:30 Mahjong IL 10:30 Noodle Ball CH 2:00 Fareway Shopping Trip</p>	<p>30 9:30 Exercise CH 10:30 Cooking Classics CMR 2:00 Chapel 3:00 Monthly Birthday Party for IL & AL Tenants ILD</p>	<p>AL/IL Northridge Village November 2022 Activity Calendar Have a Wonderful Thanksgiving!</p>		